

Tips for living

Sei katsu

Hi n to

生活のヒント

Notice

Bou sai

防災

Disaster Preparedness

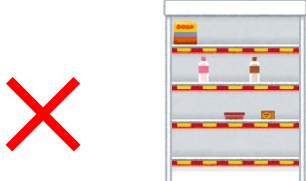


Disaster Japan frequently experiences natural disasters, including earthquakes and typhoons.

Disasters that can occur in Shiojiri

Earthquake	Typhoons • Storm	Landslide	Flood
The ground shakes, which can destroy buildings and cause fires. 	"Storm" is a general word, but we use "typhoon" for the big ones that happen around Asia. 	A landslide is when a large amount of earth, mud, and rocks suddenly slides down a mountain or hill. 	A flood is an event where a large amount of water covers land that is usually dry. 

In case of a disaster , ... 

It is hard to connect to the internet or use mobile phones. 	Electricity, gas, and water may stop. 	Public transportation may stop. 	Shops may run out of products. 
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City evacuation shelters
City evacuation sites



Nagano Prefecture Disaster Prevention Information Portal
Evacuation Information

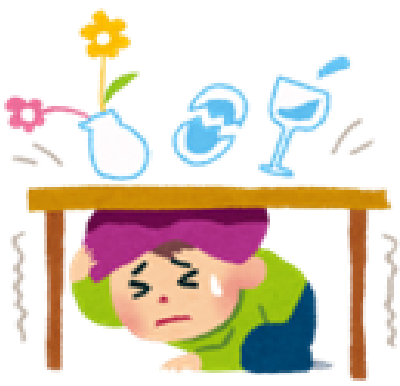


Disaster information apps

You should download the "**Safety tips**" app on your phone. The app sends notifications to your phone during emergencies, such as heavy rain, typhoons, and earthquakes.



When You Evacuate

Wind and flood damage / Typhoons / Floods / Landslides	Earthquake
【Emergency Warning】 Evacuate by Alert Level 4 Level 5 A disaster has already happened. <u>Take action to protect your life immediately!</u> TV・phone screen : level To ku be tsu ke I ho Ki n kyu a n ze n ka ku ho 「レベル5〇〇特別警報」 「緊急安全確保」 Level 4 Evacuate immediately TV・phone screen : level Ki ken ke I ho u Hi na n shi ji 「レベル4〇〇危険警報」 「避難指示」 Level 3 Evacuation for the elderly and those who require assistance. TV・phone screen : level Ke i ho u Ko u re I sha hi na n 「レベル3〇〇警報」 「高齢者等避難」 Check the Warning Levels on your TV or smartphone!	• Stay away from large furniture. • Take cover under a sturdy desk and protect yourself. • Open doors and windows to secure a way out. 
●Turn off the gas stove ●Turn off the main gas valve ●Turn off the circuit breaker ※Make sure to check where and how to shut off the gas main and circuit breakers.	
When You Evacuate • Take only emergency essentials for quick evacuation. • Go to an evacuation shelter with your family and neighbors. • Stay away from rivers and mountains • Stay away from walls and tall buildings. • If you must abandon your vehicle, park it on the side of the road, leave the engine key inside, and do not lock the doors. • Follow all staff instructions at the evacuation shelter.	

An evacuation center is a safe place where you can stay temporarily when your home is damaged or it is dangerous to stay there.

The words used in the evacuation shelter are translated into multiple languages



Stay Prepared, Stay Safe

Prepare Today for a Safer Tomorrow

When there is a disaster, get the right information. Stay calm and act carefully.

Information Gathering	Emergency Grab Bag Checklist	Checking Safe Locations	Joining Evacuation Drills
• Registering for Emergency Emails  • Disaster Warning Speakers • TV TV Data Broadcasting (d-Button) • TV MATSUMOTO Shiojiri TV Channels • Shiojiri Official Websites  • Shiojiri Official X  • Shiojiri Official Facebook Pages 	Keep them packed in a backpack and ready to go. ☐ Bottled water ☐ Emergency rations ☐ First aid kit & Prescription medication ☐ Cash ☐ My Number Health Insurance Cards, or Certificates of Eligibility ☐ Passports & Residence Cards ☐ Smartphones, chargers, flashlights, and extra batteries ☐ Pens, notepad, and any other items you personally need	Evacuation Site An outdoor area to run to immediately to protect your life from danger. Evacuation Site Sign  Evacuation shelter A indoor facility to stay and live temporarily after a disaster Evacuation Shelter Sign  Check your nearest evacuation routes and facilities. Evacuation sites and shelters are available for everyone, including foreign residents and tourists.	Our neighborhood holds disaster drills to prepare for emergencies. Practice saves lives. Join the drill to protect your family.