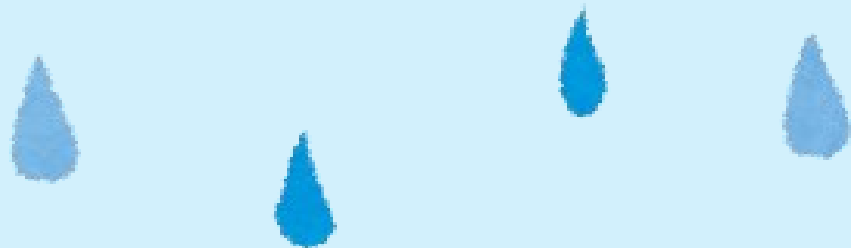


Tips for living

Sei katsu Hi n to
生活 の ヒント

10

Tsu yu
梅 雨 (The rainy season)



Tsu yu

梅雨

In Japan, it rains a lot in June. It is called 'Tsuyu'. It's been raining a lot, and it's very humid. There have been many rainy and cloudy days.

Why is it called, 梅雨?

Tsu yu

「Because it's the time

ume

when 梅 (Japanese plum) ripen.」



Ume is a Japanese fruit. In Japan, it rains a lot around June.

This is when plums ripen and turn yellow, so we call this season

“Tsuyu,” **which means “plum rain.”** There are several theories

about the origin of the word “^{Tsu yu}梅雨”, but the most famous one

is related to plums (^{ume}梅).

Stay comfortable

during the rainy season.

Watch for mold growth.

Humidity makes rooms prone to mold

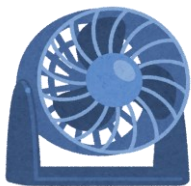
growth. The dry mode on the air conditioner

helps reduce the humidity.



Laundry

Due to the high number of rainy days, it is difficult to dry laundry outdoors. It often dries clothes inside . Using a fan to blow air



on your clothes helps them dry faster and prevents

unpleasant odors. You should use a clothes dryer.



Laundromats have large powerful dryers.

Stay hydrated

Heat tends to build up in the body

even when it's not hot. Stay hydrated.



Beware of food poisoning !

Food spoils quickly during the rainy season. Wash your hands

before cooking. Put food in the refrigerator.

Let's throw away the old food.



Useful words to remember

Tsu yu i ri
梅雨入り

: The rainy season has started.

Tsu yu a ke
梅雨明け

: The rainy season is over.

Tsu yu no naka yasumi
梅雨の中休み

: Sunny weather during the rainy season

Ji me ji me
じめじめ

: It's humid and doesn't feel very pleasant.

Te ru te ru bou zu
てるてる坊主

: It's a Japanese doll that we hang to wish for sunny weather.

Words you often hear

in weather forecasts

Weather forecasts use various expressions to describe different types of rain. It's useful to know.

Kou sui kaku ritu

降水確率 : Chance of rain

Ni wa ka ame

にわか雨 : Shower

Ge ri ra gou u

ゲリラ豪雨 : Torrential rain

Sen jyou kou sui tai

線状降水帯 : Linear rainband



Good to Know

It rains a lot in most parts of Japan in June.

However, Hokkaido is different. There's no rainy season, which makes the air so refreshing and comfortable. The weather is very pleasant and comfortable for traveling.



Gai koku seki shi min sou dan mado guchi

外国籍市民相談窓口

City Hall 1F counter 2

Monday ~ Friday 8:30 ~ 17:00

