



### ③ What you can do before disaster strikes

In times of disaster, it is important to gather correct information and act calmly

How to gather information	What to take with you when evacuating	Confirmation of safe location	Participate in training
<p>· <b>emergency mail Shiojiri</b></p> <p>Register here</p>  <p>· <b>Community wireless System</b></p> <p>Outdoor speakers or individual receivers for it.</p> <p>· TV</p> <p>· <b>d「Data broadcasting」</b></p> <p>· TV Matsumoto</p> <p>· <b>「Shiojiri Administration channel」</b></p> <p>· <b>Shiojiri city Web Site</b></p>  <p>· <b>Shiojiri city official X</b></p>  <p>· <b>Shiojiri city official Facebook</b></p> 	<p>· <b>Prepared in backpack, etc.</b></p> <p>· Water</p> <p>· Food (canned food, candy, chocolate, etc.)</p> <p>· Medical supplies</p> <p>· Health insurance card,</p> <p>My number card</p> <p>· <b>passport</b></p> <p>· <b>Residence card</b></p> <p>· Cellular phone</p> <p>· Flashlights</p> <p>· Batteries</p> <p>· Mobile battery</p> <p>· Writing materials</p> <p>Other things that You need</p> 	<p>· <b>Evacuation areas</b> (Parks and grounds, etc.)</p> <p><b>Marks indicating evacuation areas</b></p>  <p>· <b>Evacuation shelters</b> (community centers, schools, etc.)</p> <p><b>Marks indicating evacuation shelters</b></p>  <p>· <b>Check near by evacuation sites and shelters.</b></p> <p>· <b>Anyone can use the evacuation areas and shelters.</b></p>	<p>· Disaster drills are held in your district to prepare for disasters.</p>  <p>· Protect your life and the lives of your family by participating in the training.</p> 



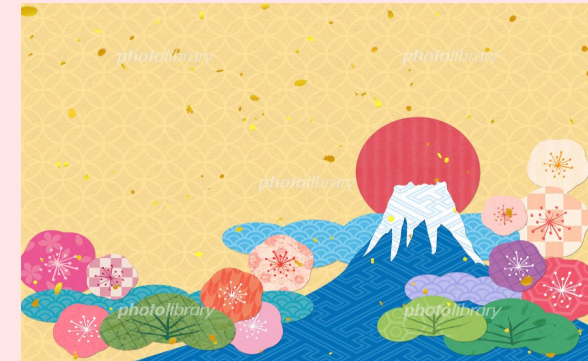
Shiojiri City Foreign Residents  
Consultation Counter Newsletter

# ようこそ

ようこそ means "welcome" in English NO.6

Best wishes for 2024 !

We will continue to deliver a variety of information to foreign residents this year.







There was a major earthquake on the Noto Peninsula on January 1st.



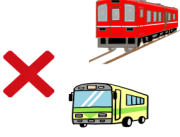

**Foreigners, Prepare for your safety !**

# ① Disaster ( Typhoons, heavy snow, etc.)

## Disasters that may occur in Shiojiri city

Wind or Storm Damage/typhoon	Flood	Landslide Disaster	Earthquake
Heavy rain and Strong winds 	Heavy rains cause rivers and ponds to rise and overflow 	A sudden fall of a lot of earth or rocks down a hill ,cliff etc. 	It is the shaking of the ground. Buildings can break down and fires can start, 

### When disaster ↓ strikes

It's difficult to connect to mobile phones, and the Internet. 	Electricity,water.and gas may be cut off. 	Trains·Buses stop 	Stores run low on merchandise. 
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Evacuation Shelters in Shiojiri City →



Nagano Prefecture Disaster Prevention Information Portal →



Disaster information Providing App


Please install Safety Tips onto your phone. →

Notification will be sent to your cell phone

in case of danger such as heavy rain,typhoon,earthquake,etc.



## ② When evacuating

wind and flood damage/ typhoon / landslide	earthquake	
<b>【 Alert level 】</b>		
<p><b>level5</b> Disaster has already occurred</p> <p><b>level4</b> Evacuate immediately</p> <p><b>level3</b> Prepare to evacuate</p> <p>※ Those who take the time to run away, Evacuate.</p> <p> We will let you know like this</p> <p>「Alert level ○ has been issued for △」</p>	<ul style="list-style-type: none"> <li>• Away from large furniture.</li> <li>•Protects the body, such as under a table.</li> <li>•Open doors to secure a way out and don't rush out.</li> </ul> 	
Put out sources of fire 	Shut off the main gas valve. 	Turn off the breaker 
Evacuate in 2 or more people wearing comfortable clothing. Take an emergency kit that you have prepared. 		
Keep away from mountains and rivers. 	Stay away from walls and buildings 	
Leave your car keys on when you park on the road and evacuate.		
At the shelter , follow the instructions of the attendant.		

Evacuation Shelter

The language used in the shelter is written

in many different languages.

